



Activities at NASKW

Dec. 6, 2010



Fitness Center hosts "Jingle Jog"

The annual Jingle Jog run/walk will be Dec. 18, starting at Sunset Lounge. There will be a 10K run, 5K run/walk and 1 mile fun run.

Walkers will take off at 0730 and runners at 0800. The registration fee is \$10. Register at the Fitness Center, Boca Chica. Call 293-2480 for information.



Liberty Program

For Single, Unaccompanied, Active Duty E-6 & below
Info – 293-2682 or 293-4160.

Monday Night Football – 2030, Beach Patio.

Movie Premiere – 1800, Wednesdays, Beach Patio.

Boondocks Mini Golf & Trivia Night – Dec. 15. Free transportation, first round of golf free.

Paintball in town – 1300, Dec. 18, \$15. Registration required!

Sky Dive - 0900, Dec. 19, \$140 – Liberty only. Free transportation from ITT.

Ping Pong & Pool Tourney – 1900, Dec. 23, Beach Patio Recreation Center. Prizes! Free to enter!

Christmas Dinner during Monday Night Football – 2000, Dec. 27, Beach Patio Recreation Center.

Liberty patrons must have Liberty card to participate!

Fleet & Family Support Center

Hours of Operation: Mon-Wed & Fri – 0800-1600;
Thur - 1000-1600; Call 293-4408, ext. 28.

Parenting Enrichment – 1000-1100, Dec. 7. FFSC

Holiday Budgeting – 1300-1500, Dec. 8. FFSC.

"Operation Care Package" – 1200-1400, Dec. 11, FFSC. Call Aimie, x4408 ext. 23, for additional info.

Federal Employment Basics – 1300-1430, Dec. 20. FFSC.

Understanding Stress – 1000-1100, Dec. 21. FFSC.

FFSC will be closed Christmas, Dec. 25.



NAS Key West Tree Lighting & Winter Festival

1700-1930 Thursday Youth Center

Open to all active duty, retired, DoD civilians and their families. Caroling at 1700 with the Tree Lighting Ceremony at 1730 in front of the Sigsbee Youth Center!

Winter Wonderland will have games, crafts, snacks and a visit with Santa. Door prizes for adults. Call 293-4437.



Conch Tour Train "Holiday Lights Tour"



The train rolls at 1900 Dec. 17 from the RV Park Office. The train is sponsored by ITT and open to All Hands.

For only \$5 patrons can take a train tour of the holiday lights in Key West. Several trains have been reserved so departments or commands can set up a holiday outing for employees!

Call 293-4173 for information; tickets can be purchased at ITT or the RV park office.

Runway Grill

- Monday – BBQ rib sandwich
 - Tuesday – Cheese ravioli
 - Wednesday – Meatloaf
 - Thursday – Chicken fried steak
 - Friday – Popcorn shrimp & Grouper sandwich
- The buffet is from 1100-1300 M-F, and costs \$6, (includes drink & cookie or fruit). Subs & salads also available! Specials subject to availability. 293-2116.

Ramrod Key Bike Trip – 0930, Thursday. Bring money for lunch at Boondocks. Open to All Hands. Sign up at the ITT Office; limited to 25. Call ITT for more info, 293-4173/4174.

The **5th Annual Children's Pancake Breakfast** at the NEX will be from 0730-0930, Saturday. Free pancakes to children aged 16 and younger! Children's Shopping Hour from 0800-0900 with elves to help wrap gifts. Get a free photo with Santa! NEX event supported by BBC and MWR and RV Park volunteers.

Army vs Navy on the big screen – 1430, Saturday, at the Sunset Lounge. Free snacks. Call 293-2682.

Last chance shopping trip to Dolphin Mall – Sunday. Leaves ITT at 0800 & returns at 1900. \$5 per person. Liberty rides free. Sign up at ITT.

Navigator's Holiday Party at Boca Chica Marina - 1700, Dec. 17. Live music with Jeff McQuay and a special holiday menu!

All Hands Kayak Trip to Geiger Key Dec. 19 - bring your kayak and hop on the bus at 0900 at ITT for a trip to Geiger Key and kayaking. Bring money for lunch at Geiger Key Marina. Trip is limited to 25. Sign up at ITT or call 293-4173 for more info.

6th Annual Dachshund Walk – Noon, Dec. 31. Meet at Whitehead & Fleming for the stroll on Duval. Registration not required. Costumes encouraged!

December Fitness

- Golf every Friday at 11 00 at KWGC
 - Open Gym Basketball – Tuesdays & Thursdays at 1700 and Saturdays at 1200
 - Soccer Pick Up Games – 1800, Fridays
 - Captain's Cup Football Championship – 1800, Wednesday
 - Pre-season Basketball – 1800 Dec. 14, 16 & 21
- For more information, call 293-2480.

The MWR Activities sheet is online at <https://www.cnic.navy.mil/keywest>

To be placed on the e-mailing list, e-mail jolene.scholl@navy.mil – please provide your name & command
Also visit our Facebook page – NAS Key West MWR & become a fan – see our photo albums of past events!